



Meals on Wheels
Inner West

March into these Easter themed meals...

**ONLY
\$5.50 ea**

Vegetarian and Seafood MINI Meals ideal for lunch or a light dinner

- ∞ Spinach & Fetta Omelette
- ∞ Homemade style Fish Cake with Tomato Sauce
- ∞ Pumpkin & Mushroom Arancini Balls
- ∞ Crumbed Fish with Mash
- ∞ Potato & Spinach Pie



Vegetarian or Seafood MAIN Meal ideas



- ∞ Fish Cake with Parsley Sauce
- ∞ Tempura Fish with Potato Wedges
- ∞ Grilled Fish with Lemon Sauce
- ∞ Vegetable Pasta Bake
- ∞ Vegetarian Risotto with Mushroom

**ONLY
\$8 ea**

Please refer to our **Continental Menu** for full range of meals

CABL
WELLBEING AND SUPPORT HUB

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